

   @BRIC2020

**T: 01507 308030**

**E: [enquiries@bric.org.uk](mailto:enquiries@bric.org.uk)**

# HAPPIER FAMILIES

*is support for your family to enable you to feel less  
isolated, healthier and happier together.*

Registered Office: 14-16 Market Street, Gainsborough, DN21 2BE

Company Limited by Guarantee registered in England & Wales CRN 06531641 Charity Registration Number: 1123481



## What is **HAPPIER FAMILIES?**

Bringing up children is not easy and sometimes we need extra help to work through the challenges you are currently facing. Our Family Support Mentors can offer you weekly home-visits, remote support via telephone, video chat or messaging, or through one of BRIC's community-based activities. They will work alongside you; to help you achieve the outcomes that are right for your family.

You may need support for a variety of reasons; it could be that you feel isolated, are struggling with your emotional health, need help to manage routines, your finances, family behaviours or a relationship breakdown. You may just need someone to talk to.

***"Just knowing they were coming every Wednesday, kept me going through the week, they were someone to talk to."***

*- Mum with twins*



## How do we request support?

You can either contact us yourself via phone, email or social media to find out if the support is right for your family or someone else you are connected with may refer you, such as a Health Visitor, Teacher or Housing Support Worker.



***Want to know more?***

**T: 01507 308030**

**E: [enquiries@bric.org.uk](mailto:enquiries@bric.org.uk)**

Registered Office: 14-16 Market Street, Gainsborough, DN21 2BE

Company Limited by Guarantee registered in England & Wales CRN 06531641 Charity Registration Number: 1123481