

IDEALSCHOOLMEALS.CO.UK

# WELCOME TO OUR TERM 2 MENU!

Our menus offer a wide variety of tried & tested child-friendly recipes, that meet and often exceed the national standards for school lunches.

Full allergen information is available and special dietary requirements can be catered for. You can download the allergen information here <a href="idealschoolmeals.co.uk/allergen-advice">idealschoolmeals.co.uk/allergen-advice</a>

Should your child have a medically diagnosed allergy or health condition and you'd like to discuss what we can offer, please contact us.



Supporting the local economy and keeping food miles low is really important to us.

We're fortunate to have worked with two main, local suppliers from the outset.



The renowned Simpsons Butchers, supply our high welfare meat, traceable right back to the farm.

Jonathon Hull provides a large proportion of the fresh vegetables and potatoes used in our meals, many of which are grown in Lincolnshire.



More recently, we have started working with the fantastic team over at Bloomsbury Bakery. This Grantham based company, managed by a Father and son, have been trading for over 30 years. UPCOMING THEME DAYS



## Bonfire Bonanza

There is nothing spooky about today's menu.

Simpsons Butchers' award winning Lincolnshire Sausages, never fail to disappoint. A vegan Quorn alternative, is also available. Both options served with a Fresh Bloomsbury roll, baked to perfect at the Grantham based bakery.

Sure to be met with some 'ooohs' and 'aaahs', our themed, Jam Pinwheel Biscuits, follow for dessert.



MON 7TH TO FRIDAY IITH NOV

LACA's National School Meals Week is the one week in the year when we celebrate all that is great about today's school food, and we invite your children to have school meals during this event, if they don't already.

The theme this year is 'Together, we make a difference'. Focusing on environmental issues and encouraging children to get involved.

Join us for a variety of tasty 'green' lunches and look out for tips via our social media pages, on how we can all help to make a difference.

MON 14TH TO FRIDAY 20TH NOV

## ROAD SAFETY WEEK

The theme of Road Safety Week 2022 is 'Safe roads for all' With an aim to raise awareness of key areas of road safety and the importance of inclusivity to keep us all safe on the roads, no matter who we are, or how we travel.

FRI 18TH NOV



The annual event that supports local charities and projects to help change the lives of disadvantaged children and young people all over the country.

Join us for a spotacular menu to tie in with the fantastic fundraising events and activities taking place in schools today.

## FIFA WORLD CUP Football Fun Day

Kicking off the start of the World
Cup. With England, Wales and Iran
playing today, we've selected popular dishes from
each country.

Elf Day

MON

VON



FRI 2ND DEC

Our team will be sporting their official Alzheimer's Society Elf wear to raise money and awareness for people affected by dementia. Our super popular brunch menu, followed by festive cookies, feature on todays menu.



## Christmas Lunch

The most popular lunch of the year, showcasing traditional roast options and festive desserts. Check your school menu for dates and options.

VARIOUS DATES



TACO TUESDAY



Monday
31 October

Macaroni Cheese

Vegetable Fingers & ½

Lunch **Option 3** 

Lunch Option 1

Lunch

**Option 2** 

Breaded Jacket

Roasted Vegetable & Chickpea Curry with Rice

Mixed

Jacket Potato

with a selection

of fillings

Tuna Mayo

Baguette

Served with

Mixed Salad

Peaches &

Custard

#### Tuesday 1st Nov

Taco Tuesday -Mega Mild Chilli, Tortilla, Rice & Sour Cream

Creamy Ham Pasta

Taco Tuesday - Mild Mexican Cheesy Beans, Tortilla, Rice & Sour Cream

**Jacket Potato** 

with a selection of

fillings

Cheese Baguette

Served with

Mixed Salad

**Pumpkin Spice** 

**Buttercream** 

Sponge Cake

Yeo Valley

Organic Yoghurt

### Wednesday 2nd Nov

Roast Chicken

Cheese Puff Pastry Whirl

Spinach, Tomato & Egg Muffins

#### Thursday 3rd Nov

Spaghetti **Bolognese** 

Mild & Creamy Coconut Chicken Curry & Rice

Cauliflower Cheese & Potato Bake

#### Mixed Salad Vegetables

**Roast Potatoes &** Mixed Vegetables

**Jacket Potato** with a selection of fillings

> Sliced Ham **Baguette**

Served with Mixed Salad

**Fruit Jelly** 

Yeo Valley

Organic Yoghurt

Fresh Fruit

### Mixed Vegetables

**Jacket Potato** with a selection of fillings

Diced Chicken Mayo Baguette

Served with Mixed Salad

### Toffee Sponge & Custard

Yeo Valley

Organic Yoghurt

Fresh Fruit

#### Friday 4th Nov

Bonfire Bonanza Hot Dog - Simpsons Lincolnshire Sausage & Fresh Bloomsbury Roll

**Smokey Pulled Pork** & Fresh Bloomsbury Roll

Bonfire Bonanza Hot Dog - Vegan Quorn Sausage

Oven Roasted Veggies

Jacket Potato with a selection of fillings

> Sliced Ham Baguette

Served with Mixed Salad

Jam Pinwheel **Biscuit** 

Yeo Valley **Organic Yoghurt** 

Fresh Fruit

## Lunch

1, 2 & 3

served with

**Option 4** 

Lunch **Option 5** 

4 & 5 served with

#### Dessert **Option D**

Dessert Option Y

Dessert Option F

## Yeo Valley

Fresh Fruit

## Organic Yoghurt

Fresh Fruit



## National School Meals Week

	Monday 7th Nov	Tuesday 8th Nov	Wednesday 9th Nov	Thursday 10th Nov	Friday 11 th Nov
Lunch Option 1	MSC Fish Fingers	Quorn Sausage & Tomato Macaroni Bake	Roast Beef & Mashed Potato	Beef Lasagne	Simpsons Lincolnshire Sausage & Mash
Lunch Option 2	Ham & Egg Muffins	Stuffed Pepper	Ham & Cheese Filled Potato Shells	Tuna Baguette Pizza Melt	Vegetable Casserole with Cheesy Dumplings
Lunch Option 3	Cheese & Tomato Pizza	Mexican Bean Wrap	Sweet Potato & Lentil Curry with Rice	Bubble & Squeak Cake Bake	Quorn Sausage & Mash
1, 2 & 3 served with	Potato Wedges & Baked Beans	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings			
Lunch Option 5	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Diced Chicken Mayo Baguette	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad				
Dessert Option D	Strawberry Mousse & Melon Slice	Oat Cookie	Iced Carrot Cake	Chocolate Cracknel	Pancake Muffin with Banana
Dessert Option Y	Yeo Valley Organic Yoghurt				
Dessert Option F	Fresh Fruit				





## ROAD SAFETY WEEK

by **QBrake**, the road safety charity



	Monday 14th Nov	Tuesday 15th Nov	Wednesday 16th Nov	Thursday 17th Nov	Friday 18th Nov
Lunch Option 1	Traffic Light Pizza Baguette & Potato Wedges	Roast Chicken & Mashed Potato	MSC Fishcake	Minced Beef & Pork Ragu with Rice	Simpsons Beef Burger with Cheese Slice and Bloomsbury Roll
Lunch Option 2	Cauliflower Cheese & Potato Bake	Salmon Pasta Bake	Ham & Cheese Puff Pastry Whirl	Creamy Ham Pasta	Pudsey Bears Picnic Bag - Cheese & Ham Sandwich, Pizza Whirl & Crudites (no side dish)
Lunch Option 3	Quorn Bolognese with Rice	Tomato Macaroni Bake	Spinach, Tomato & Egg Muffins	Cheese Filled Potato Shells	Breaded Vegetable Fingers and Fresh Bloomsbury Roll
1, 2 & 3 served with	Mixed Vegetables	Mixed Vegetables	Herby Baby Potatoes, Mixed Vegetables & Ketchup	Mixed Vegetables	Oven Roasted Mixed Veggies
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Lunch Option 5	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Diced Chicken Mayo Baguette	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert Option D	Ice Cream & Dinky Doughnut	Fruit Jelly	Pear Sponge & Chocolate Sauce	Butterscotch Cookie	Pudsey Bear Jam & Buttercream Sponge
Dessert Option Y	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
Dessert Option F	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit





# Football Fun Day

	Monday 21 st Nov	Tuesday 22nd Nov	Wednesday 23rd Nov	Thursday 24th Nov	Friday 25th Nov
Lunch Option 1	MSC Battered Fish & Chips	Creamy Bacon & Tomato Pasta	Roast Pork, Stuffing & Roast Potatoes	Mild & Creamy Coconut Chicken Curry & Rice	Cheese Puff Pastry Whirl
Lunch Option 2	Chicken & Leek Pie	Chicken & Rice Burrito	Bolognese Pasta Bake	Ham & Vegetable Crumble	Chickpea & Sweetcorn Fritter
Lunch Option 3	Falafel Wrap	Stuffed Pepper	Mega Mild Mexican Bean Wrap	Creamy Tomato Pasta	Breaded Vegetable Fingers
1, 2 & 3 served with	Oven Chips & Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Mashed Potato & Baked Beans
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings			
Lunch Option 5	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Diced Chicken Mayo Baguette	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad				
Dessert Option D	Football Pitch Buttercream Sponge	Apple Crumble & Custard	Buttercream Marble Sponge Cake	Chocolate Cracknel	Shortbread Biscuit & Melon Slice
Dessert Option Y	Yeo Valley Organic Yoghurt				
Dessert Option F	Fresh Fruit				



Monday

28th Nov

Mozzarella &

Tomato Pasta

Bake

Stuffed Pepper

Chunky Balti Veg

Pie

Mixed

Vegetables

Jacket Potato

with a selection

of fillings

Tuna Mayo

**Baquette** 

Served with

Mixed Salad

Toffee Sponge &

Custard

Yeo Valley

Organic Yoghurt

Fresh Fruit

Lunch

Option 1

Lunch

Option 2

Lunch

**Option 3** 

1, 2 & 3

served with

Lunch

Option 4

Lunch

**Option 5** 

4 & 5 served with

Dessert Option D

**Dessert Option Y** 

Dessert

**Option F** 



Tuesday

29th Nov

Garlic & Herb

Marinated

Chicken & Rice

Cheese Filled

Potato Shells

Vegetable

Lasagne

Mixed

Vegetables

**Jacket Potato** 

with a selection of

fillings

Cheese Baguette

Served with

Mixed Salad

Chocolate

Sponge &

Chocolate Sauce

Yeo Valley

Organic Yoghurt

Fresh Fruit









# WE LOVE TO TALK ABOUT WHAT WE CAN OFFER YOUR CHILDREN

We are always on hand to answer any questions in relation to our service.

Contact us at any time using the details below.

# TELEPHONE **01522 246424**

## EMAIL ENQUIRIES@IDEALSCHOOLMEALS.CO.UK

Follow us on social media. It's a great way to see some of the meal options on offer.





